



You're not alone on this journey – shared experience changes everything

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CERTIFIED PEER SUPPORT PROGRAM

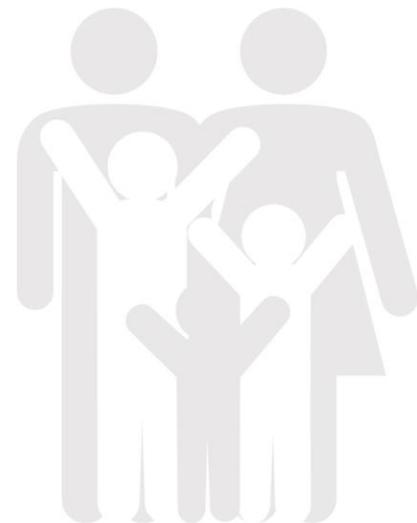
The Certified Peer Support program is a non-clinical service offered to youth and young adults aged 16-25 years old in Luzerne-Wyoming Counties who have mental health struggles and need support to help their recovery. A Certified Peer Specialist (CPS) is a trained professional who uses their lived experience with mental health challenges, can relate to what the participant may be experiencing, and helps the individual create goals. This support is grounded in hope, mutual respect, empowerment, and recovery.

The CPS will work with the individual to identify their needs, create a Family/Person Driven Action Plan, and walk beside the individual through their journey while providing support. They help the individual find services and resources and navigate the transition into adulthood. The participant must have or be seeking a mental health diagnosis.

Through the process, the CPS will work with individuals to help them gain knowledge, skills, and confidence to effectively advocate for themselves. The CPS provides non-judgmental, person-centered support and model on how to have healthy relationships at home and in the community.

For more information or questions regarding Certified Peer Support Services, please contact:

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